

DIN CULTURAL SELF ASSESSMENT

Name: _____

Date: _____

Where do you rate yourself on knowing about the Diné culture?

Knowledge rating: Extensive=5; Above Average=4; Average=3; Minimal=2; Do not know traditional culture=1

A. IDENTITY:

Score (1-5)

- 1. Do you know your clan? _____
- 2. Do you know your clan? _____
- 3. Do you know maternal grandparents' clan? _____
- 4. Do you know paternal grandparents' clan? _____
- 5. Do you know why clan is important? _____

Total

B. LANGUAGE:

- 1. Do you speak the Diné language? Yes ___ No ___ If yes, how often? _____
- 2. Do you understand but can't speak the Diné Language? _____
- 3. Can you read and write the Diné Language? _____

Total

C. TRADITIONAL CHILD DEVELOPMENT:

- 1. Do you know any of the Diné traditional preparation for child birth? _____
- 2. Do you know when bonding begins between parents(s) and child? _____
- 3. Do you know why the infant's 1st laugh is celebrated? _____
- 4. Do you know the cradleboard story? _____
- 5. Do you know why the umbilical cord is important? _____
- 6. Do you know the purpose of the Kinaalda (puberty ceremony)? _____

Total

D. TRADITIONAL DINE PARENTING:

- 1. What is the role of the parent? _____
- 2. How would you instill Nitsanakees {critical thinking} into a child? _____
- 3. How would you instill Naha'a {planning} skills into a child? _____
- 4. How would you instill Sihaasin {hope/humility} into a child? _____
- 5. How will you help the child maintain their Navajo heritage & culture? _____

Total

COMMENTS:
