



*Shá Bik'ehgo As'ah Oodááł*

*"A Journey with Wellness and Healthy Lifestyle Guided by the Journey of the Sun"*

## NAVAJO WELLNESS MODEL CONFERENCE

Shá Bik'ehgo As'ah Oodááł is a Navajo philosophical teaching of wellness based upon the natural daily journey of the Sun. Navajo wellness emphasizes the Navajo perspective of self-care, family health, healthy communities, and healthy environments. Parents, care givers, grandparents, community members, teachers, leaders and the general public are invited to this free two day conference.

**No registration fees!**

**OPEN TO EVERYONE AT TWO LOCATIONS!**

**March 5-6, 2018**  
**Navajo Nation Museum**  
**Window Rock, AZ**

**March 14-15, 2018**  
**Kayenta Unified School**  
**District NASH Center**  
**Kayenta, AZ**

For registration, contact [peterson.brown@ihs.gov](mailto:peterson.brown@ihs.gov) or call 928.871.1323.



Sponsored by

Health Promotion and Disease Prevention Program, Navajo Area Indian Health Service



**Sh1 Bik'ehgo As'ah Ood11|**  
**Navajo Wellness Model Conference**  
**Registration Form**

(A separate registration form is required for each person)

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*Thank you for your interest in the two-day conference. There is no registration fee. However, registration is required as space is limited. To ensure your attendance, please complete this form and email to [Peterson.Brown@ihs.gov](mailto:Peterson.Brown@ihs.gov) or fax to (928) 871-1365.*

*Please indicate which location you want to attend.*

<p><b>March 5 - 6, 2018</b> <b>Navajo Nation Museum</b> <b>Window Rock, AZ</b> Please Check Box <input type="checkbox"/></p>	<p><b>March 14 - 15, 2018</b> <b>Kayenta Unified School District</b> <b>NASH Center, Kayenta, AZ</b> Please Check Box <input type="checkbox"/></p>
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*Please print clearly.*

NAME: \_\_\_\_\_

TITLE/ORGANIZATION: \_\_\_\_\_

COMMUNITY: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP CODE: \_\_\_\_\_

TELEPHONE #: \_\_\_\_\_ FAX #: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

**Navajo Area Indian Health Service**  
**Health Promotion and Disease Prevention Program**  
**Post Office Box 9020**  
**Window Rock, AZ 86515**  
**Telephone Number: (928) 871-1323**